



Saxon Wood School

Weekly Newsletter – 13th February 2026

Dear Parents and Carers

I hope you are all well.

It is lovely to see the mornings and evenings getting brighter. I am sure the spring weather is just around the corner!

In last week's newsletter, I mentioned a focused coffee morning that will be presented by our Educational Psychologist, Dr. Chantelle Hawke. Children with additional needs are more likely to go through Adverse Childhood Experiences (ACEs). This session aims to explore the impact that such experiences can have and the support that we can offer, both at home and at school, including approaches such as PACE (developed by Dan Hughes). This will take place on Monday 9th March between 10:00 - 11:30am. I will send out a letter with a reply slip to gauge interest after half term.

Children's mental health week, the children have enjoyed a range of activities relating to wellbeing. Some have taken part in Yoga. Others have taken part in some relaxation sessions. On Wednesday, Hannah, our Assistant headteacher, led some Write Dance sessions in the hall, where children have the opportunity to develop fine and gross motor skills using a range of messy foodstuff which they thoroughly enjoyed! They have also decorated biscuits, with a Valentine theme to share with their families. We hope you enjoy them. Yesterday we had a Valentine's party, followed by a Valentine's disco. It was lovely to see the children interacting with children in other classes. They really do enjoy whole school get togethers!

I hope you all have a wonderful and restful half term break and I look forward to welcoming the children back to school on Monday 23rd February.

Take care
Jakki





Fox Class this week we have been focusing on our Wellbeing. We participated in many activities that we enjoy; we made chocolate cakes in a mug in our cooking session and had a spa afternoon in the class. During Spa, we listened to relaxing music, enjoyed sensory lights and were given a hand and foot massage. We had oats ready to be used for our relaxing masks too, but we decided that using it for sensory play was much better! We also used wet and dry sand. It felt like we were on the beach. Some of us enjoyed the calm scenery of a beautiful beach and rolling waves, with this in the background we could again unwind and relax. This week we also had a chance to take part in a Write Dance session, the Valentine's disco and visit the Book Fair. It has been a nice and relaxing week.



Dormouse Class have had a fun wellbeing week, we have had hand and foot massages, Story massages, some of us even had a foot spa. One of our favourite times this week was write dance. We all kept asking for more flour so we all got covered in it. And we all looked like snowmen! We finished the week off with a disco in the hall which all the children loved.



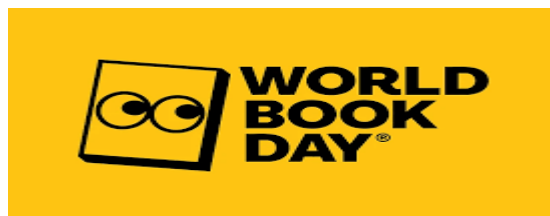
Hedgehog Class have enjoyed engaging in various activities to promote their wellbeing including guided breathing activities, chair yoga and making their own stress balls using a balloon and some flour. They also made their own desktop 'Zen Garden's' inspired by Japanese gardens designed for calm and mindfulness. Children filled a box with sand, colourful stones and artificial plants. Using a mini rake, they drew patterns in the sand whilst listening to some calming piano music. With Valentine's Day also coming up, children have been making some lovely cards and gifts, including baking some tasty biscuits which they decorated purposefully with the recipients in mind. They have been very much looking forward to the book fair today and are excited to discover what books are available.



Badger Class have enjoyed a very fun week! We learnt about Islam and how Muslims celebrate Ramadan, then had our own class picnic thinking about what we are thankful for. We also learnt about our school's local area and went on a trip to the local Costa, of course enjoying some lovely treats and drinks! We have done a lot of arts and crafts around the theme of Valentine's Day and have enjoyed parties, discos and some relaxation activities to celebrate Children's Mental Health Week.



Squirrel Class have really enjoyed wellbeing week. The children have been provided with plenty of relaxing and sensory activities throughout the week. They have started the week with mindfulness painting, followed by relax kids where they explored different sensory resources on their hands. The resources included sensory scarves, sponges, brushes and bubbles. The children were taking turns in the sensory room and outside which was enjoyed by all. The class also made some lovely Valentine cards while listening to classical music in the background. They also decorated Valentine biscuits with red icing and sprinkles. On Friday they all enjoyed decorating pancakes with chocolate and strawberry sauces, sprinkles and squirty cream. They all enjoyed having them for snack. Some of the children we have sent their pancakes and biscuits home to enjoy.

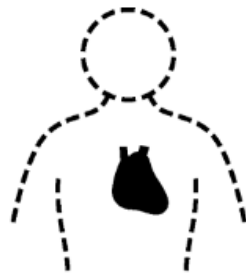


World Book Day – Friday 6th March

Children can come into school dressed as their favourite book character

We all look forward to showcasing our costumes

Makaton Sign of the week has been: Heart



Heart



Heart

The school nurse team are available in school all day and can be contacted directly on 01256 262097 or by email

SaxonwoodNursingTeam@hhft.nhs.uk



The following link has some helpful information if you are unsure whether your child should attend school

<https://www.what0-18.nhs.uk/parentscarers/worried-your-child-unwell/child-unwell-ok-go-nurseryschool>



CAR PARK SAFETY

Please be considerate with your parking

**Do not park outside the school near the exit gate and on the estate
We appreciate that there is a queue of buses and cars in the carpark
but this is usually cleared quickly**



Please bear with us during pick up and drop off times

If you are driving to school then we ask that you please **stay with your vehicle** and a member of staff will come out to **collect** your child this will enable us to keep the carpark flowing as efficiently as possible and allow parents to leave in the order that they are parked and ensure safety for all

Handovers should be kept to a minimum. If you need to speak with a member of staff, please email or call ahead and we will arrange this for you, or please use your child's home communication book to relay any messages

- Please utilise the whole carpark and use **any** of the three lanes
- The **right** and **middle** lanes we can only unload the **front** vehicle
- The **left** hand lane we can unload the **front three** vehicles



ATTENTION PARENTS

**All email correspondence, not just absences,
must be sent directly to the office at:**

parentcomms@saxonwood.hants.sch.uk

(Please only use this email address)

Emails will be monitored between 8:00am – 3:45pm, Monday – Friday
during term time only by admin staff

Your email will then be forwarded to the relevant member of staff and you
will receive a response either by phone call, or email via the office

If you send an email in the evening, please be reassured that this will be
read the following school day and you will then receive a response

If you do not wish to divulge information to the admin staff, then please
email to request a telephone call from the relevant member staff. If the
member of staff is in class, they will contact you at the earliest convenient
time

**Teachers and support staff will not respond to
direct emails from parents**



Full term dates are shown on our website

- Half Term Monday 16th February 2026
(Children return to school Monday 23rd)
- Friday 6th March – World Book Day (children can dress up as their favourite book character)
- Monday 9th March - session with Dr Chantelle Hawke focussing on trauma awareness 10:00 - 11:30am session with Dr Chantelle Hawke focussing on trauma awareness
- Friday 27th March – last day of term (1.30 finish)
Easter Holidays 30th March – 10th April

Children return to school Monday 13th April