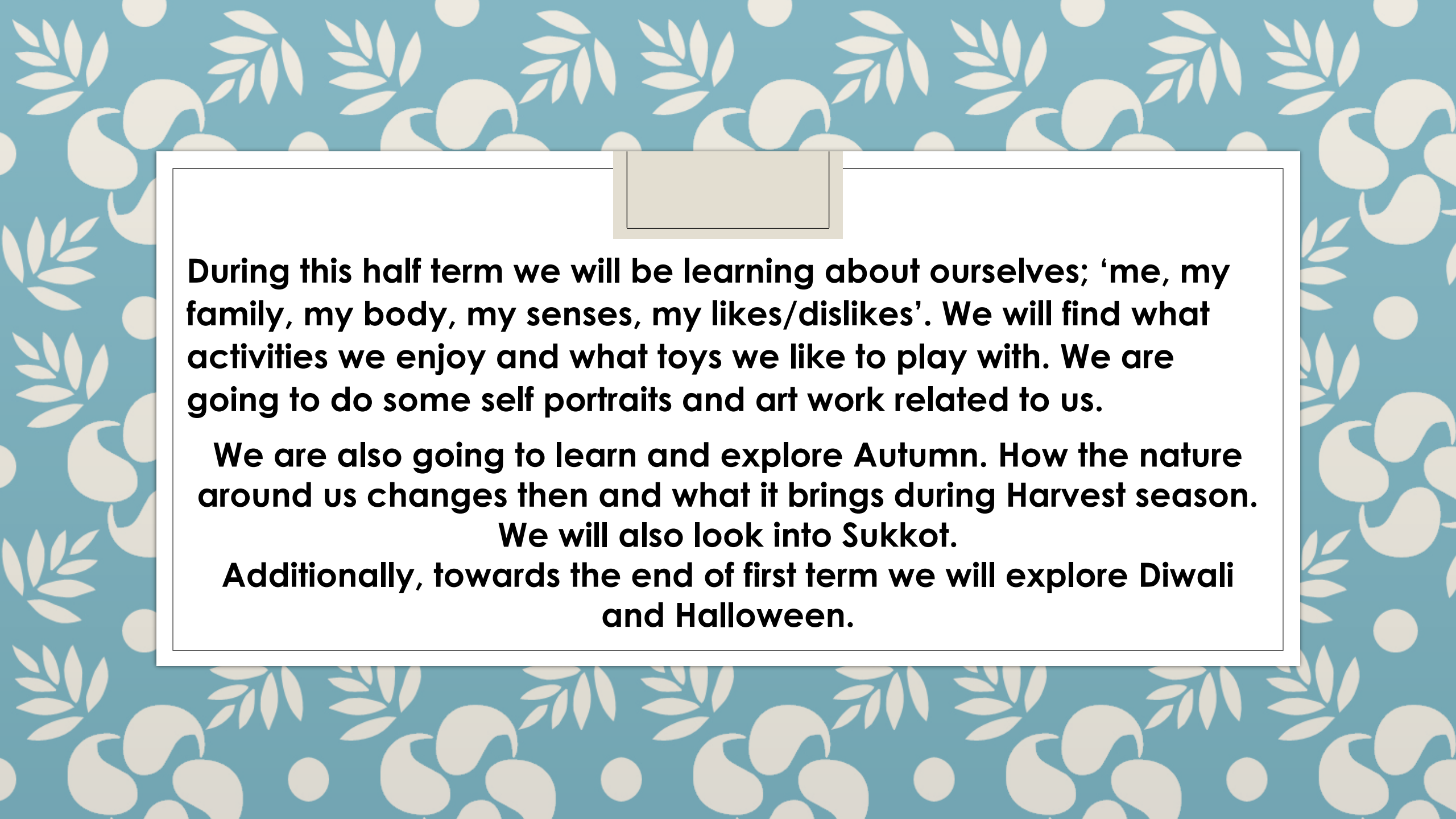




FOX CLASS

‘All about me’

Autumn Term I
2025/2026



During this half term we will be learning about ourselves; ‘me, my family, my body, my senses, my likes/dislikes’. We will find what activities we enjoy and what toys we like to play with. We are going to do some self portraits and art work related to us.

We are also going to learn and explore Autumn. How the nature around us changes then and what it brings during Harvest season.

We will also look into Sukkot.

Additionally, towards the end of first term we will explore Diwali and Halloween.



Personal, social and emotional development

This half term we will have opportunities to learn about our preferences and choices.

We will be able to choose between activities either by using symbols or objects of reference. We will be also focusing on sharing with our friends as it is Harvest season. We also will be taking turns with our friends in variety of different activities.

Through some of the stories we will explore kindness and revisit being thankful. Emotions are very important in children development although it is a very difficult concept for them to understand. We will be talking about how people may feel during story time using basic emotions of 'happy' and 'sad'.



Communication and language

We will continue to use our 'Now and next' boards with symbols informing the students what is happening. We are also going to introduce a couple new activities, which take some time for children to know what is going to happen.

We will continue to use Makaton signs and simple gestural and verbal prompts. Consistency helps our students to further develop understanding of the daily routines and expectations being put on them.

Physical development

The children will participate in daily physical exercise, both indoors and outdoors where they practice their gross motor skills. Students will continue to enjoy using equipment such as the swing, the Tumble Form car, tunnels and other PE equipment on a regular basis. They will be also able to practice moving their bodies in different ways through regular soft play sessions and weekly Move Momentum. Both activities are helping the students to practice their balance, strengthen their muscles, and make them aware of space around them.

They will also have a lot of opportunities to practice and work on their fine motor skills when playing with playdoh, sand, kinetic sand, dried sensory play i.e. cereal, different textured messy play and working with modelling clay. Playing with these materials not just help the children to regulate themselves, but will also help to develop skills such as grasping, holding, squeezing and releasing i.e. tools (rolling pin, cutters, shapes).

Maths

This half term in maths we will learning concept of '1 more'. We will be able to do it through all different activities we participate in such as Cooking, Forest school, Outdoor play, Tuck shop, Soft play, Art and many more.

The children will take part in sensory activities when using cooking ingrediencies in baking (chocolate, cornflakes, rice crispies, autumnal vegetables); paint, flour, false snow, food colourant in messy play; playdough, kinetic sand, shredded paper, cereal in sensory play. This will also support their learning and help to reinforce their colour preference/recognition.

We will be using light up, noisy, different textured and vibrating resources during the Bucket time.

We will also continue to develop children's knowledge of numbers through songs, sing along, blocks and other topic related maths activities such as matching.

Literacy

In literacy we will be focusing on our bodies and the movement. We will copy movements shown to us supported by simple verbs and instructions. During those activities we will be able to look at ourselves in the mirror.

The children will also experience topic related stories, songs and activities in Bucket time (stage 2).

Due to learning about Harvest season, we will focus on signs/symbols: choose, help, share and friends.

We will also continue exploring Environmental sounds in Monster phonics where we will be matching correct symbols to the sounds.

That will help us to locate sounds outside of school.

Understanding the world

The children will explore how their bodies work through movement, and we will continue encourage children to do things for themselves with help from staff. They will be able to make choices during activities, deciding what materials they want to use to show their preference in that way.

We will also continue with Bucket time which allows the children to better understand how things work in their environment as well as promoting crucial listening and attention skills. Activity in stage 2 of the Bucket time are linked to the topic which helps to further develop children understanding of the topic. Additionally, we will do a cooking session linked to our topic where we will be able to safely use kitchen equipment under very close supervision from staff and practice life skills.

Expressive art and design

The children will continue to have the opportunity to take part in Move Momentum, a sensory music session where they are encouraged to respond to music via bodily movement. Variety of different equipment such as pompoms, scarfs, maracas, parachute etc. are used to make it appealing and fun for the children. They also have the opportunity to explore different musical instruments during our weekly music lesson including accordion, ukuleles, violins, djembe drums, bells and more! In class they will have the opportunity to explore and experiment with different textures and materials when creating a piece of art related to the topic. We will be using natural materials, paint, fabrics, glitter, food colourant, flour mixture sand and kinetic sand to be creative.