



# Saxon Wood School

## Relationships and Sex Education (RSE) Policy

Date revised: July 2023
Headteacher: Jakki Alexander
Chair of Governors: Alan Rowden
Date for review: July 2024 (or sooner if required)

### Definition

Relationships, Health and Sex Education starts to put in place the key building blocks of healthy, respectful relationships, focusing on family and friendships, in all contexts, including online. This will sit alongside the essential understanding of how to be healthy. It progresses to developing further pupils' understanding of health, with an increased focus on risk areas such as drugs and alcohol, as well as introducing knowledge about intimate relationships and sex where appropriate. The aim of this is to support the wider work of Saxon Wood in helping to foster pupil wellbeing and develop resilience and character that we know are fundamental to our pupils being happy and successful individuals.

RSE is a central part of our curriculum which is taught through our pre-formal, semi-formal and formal pathways. Pupil learning will be assessed using Saxon Wood Standards and Personal Development Plans (PDPs).

The teaching can occur during discreet PSHE lessons as part of the Key Stage rolling programmes, as part of other curriculum areas and throughout the school day as appropriate. The teaching is sensitive, both age and developmentally appropriate and delivered with reference to the law.

### How Relationships Education is taught at Saxon Wood School

Relationships Education is taught by all teachers and is taught as part of our individualised curriculum according to the individual needs of each pupil. The broad areas that will be taught within relationship education are:



- How to take turns
- How to treat each other with kindness, consideration and respect
- Importance of honesty
- Concept of personal privacy
- Personal space and boundaries
- Appreciating and respecting the differences between themselves and others
- Stranger danger
- Who is their safe circle inside school and outside school
- Difference between appropriate and inappropriate or unsafe contact and/or interaction.
- Good touch and bad touch
- When and how to say no and how to tell an appropriate adult
- Safe relationships online

### **How Sex Education is taught at Saxon Wood School**

Sex education is taught by the class teacher in the upper end of KS2. “The content and teaching will be tailored to meet the specific needs of pupils at different developmental stages” (DFE Relationships and Sex Education (RSE) and Health Education 2019). It will be taught to mixed gender groups, and on occasions to boys and girls separately, also on an individual basis. It will be taught within sex education and science as part of the rolling programme.

The broad areas that will be taught within Sex Education are:

- Anatomical correct names for the main external and internal parts of the body
- Physical changes that occur to the body from birth to adulthood focussing on the changes that occur during puberty
- Challenging gender stereotypes
- The difference between boys and girls
- About menstruation and how to manage periods
- To know how hormones can affect our feelings both emotionally and physically.
- Personal hygiene
- Families and relationships
- This is me
- Public and private : body safety
- When and how to say no
- The life cycles of other animals
- How a baby is born and conceived (on an individual basis in consultation with parents/carers)



### **Parents/Carers right to withdraw**

The school aims to keep parents informed about all aspects of the RSE curriculum and urges parents to read this policy and attend any sessions organised by the school to explain the RSE curriculum. Parents/carers can request access to resources and information being used in the class and the school will do everything it can to ensure that parents are comfortable with the education provided to their children. Parents/carers have the right to withdraw their child from the last aspect of sex education listed above. The other aspects are part of the statutory school curriculum. Any parent/carer wishing to withdraw their child or have concerns about the curriculum content are urged to contact the Head teacher to discuss their concerns

### **How Health Education is taught at Saxon Wood School**

Health Education is taught by all teachers and is taught as part of our individualised curriculum according to each individual pupil needs. The teaching can occur during discreet PSHE / RSE lessons as part of the Key Stage rolling programmes, as part of other curriculum areas and throughout the school day as appropriate. The teaching is sensitive, both age and developmentally appropriate

The broad areas that will be taught within Health education are:

- Respectful Relationships
- My Family
- Friendships
- Feelings and Emotions
- Keeping Safe which includes online safety
- Keeping Clean and Healthy
- Similarities and differences
- People who care for me
- Changes as we grow

### **Resources**

Resources used to teach RSE will be sensitively selected and will reflect the diverse backgrounds and relationships in our society.

Resources used will be tailored to meet the specific needs of pupils at different developmental stages.



### **Safeguarding**

We provide a safe and supportive community where pupils feel comfortable seeking help and guidance on anything that may be concerning them about life either at school or at home.

It may be the case that discussions around what is acceptable and not acceptable in relationships may lead to the disclosure of a child protection issue. If this is the case, the child protection and safeguarding procedure will be followed.

Because of our pupils' complex needs they are more vulnerable to exploitation and less able to protect them. If staff are concerned that this is the case, they should seek support from the DSL to decide what is in the best interest of the pupil.

### **Monitoring**

This policy will be monitored by the senior leadership team and Governing Body

### **Policy Review**

This policy has been written in consultation with teachers, parents and Governors and will be reviewed on an annual basis in the first instance