

# **Children's Therapy Services**

# Information for parents and carers:

## Key points:

Children develop at different rates and sometimes in different ways.

All NHS Children's therapists are registered with the Health Professional Council and are members of their overseeing professional Body Chartered Society of Physiotherapy. College of Occupational Therapists Royal College of Speech and Language therapist.

We work together with you, your family and other healthcare, school and social care professionals to aim to provide



and share a holistic approach for the care of your child .

A child's Development may be:

- Typical
- Delayed in comprison to their peers
- Unusual not developing in the same way as their peers.

The children's therapy service work with children following the unusual pattern of development.

Advice is provided to families and education staff for those children following a delayed pattern (even if this is a significant delay).

As the parent/carer, you know your child better than anyone else and are best placed to support their ongoing development during everyday activities. Therapy support will ensure that you have the understanding and ability to move your child forward. It will not necessarily mean that you will receive ongoing therapy.

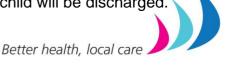
#### What to expect:

The therapist will assess your child's abilities and identify areas that they may need support with through play based, fun and functional activities.

The therapist will agree a plan with you for the amount and frequency of follow up care according to your child's needs and condition. This may be provided as :

- a one off assessment
- advice or a programme to follow
- an agreed number of sessions to address specific concerns/ difficulties
- an agreed number of training sessions to ensure you and others working with your child are able to support their ongoing needs.

If your child does not need further therapy, you may be given advice or directed to another healthcare service, if needed. The episode of care will then be closed and your child will be discharged.





### **Contacting us:**

The Children's Therapy Service 2nd Floor Adelaide Health Centre William MacLeod Way Southampton SO16 4XE

**You can telephone** us on 0300 300 2019

Please tell us how you feel about the services we provide.

If you have a compliment, concern or complaint please contact the Patient Advice and Liaison (PALS) and Complaints Services on 0800 013 2319 or Snhs.solentfeedback@nhs.net Alternatively, visit: www.solent.nhs.uk/contact-us

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